

Assumption of the Holy Virgin Orthodox Church

2101 South 28th St. (corner of 28th St. & Snyder Ave.)
Philadelphia, PA 19145 * Church Phone: (215) 468-3535
Website: <http://www.holyassumptionphilly.org>



Mailing Address: PO Box 20083 * Point Breeze Station | Philadelphia PA 19145-0383

Sunday, March 14, 2021

Tone 7 – Cheesefare Sunday | Forgiveness Sunday
The Expulsion of Adam from Paradise
Venerable Benedict of Nursia (543)

V. Rev. Mark W Koczak, Rector

615 West 11th Street | New Castle, DE 19720-6020
Phone: Home: 302.322.0943 | Mobile: 302.547.4952
Email: mwkoczak@gmail.com

Deacon – Michael McCartney Choir Director – Nina Patterson
Subdeacon – Daniel (Ken) Kavalkovich Reader – Mark Klus
Parish President - Matthew Andrews [Phone: 856.217.8075]

Weekly Schedule

[Daylight Saving Begins! Move clocks forward one hour!]

Today: Forgiveness Sunday Vespers after Divine Liturgy!

Beginning of Great Lent (Strict Fasting Observed)
Service Schedule for the First Week of Great Lent is
noted under Calendar of Events (page 7) of this bulletin!

Saturday: March 20 - Great Vespers at **4:00PM!**

Sunday: March 21 – First Sunday of Great Lent! Sunday of Orthodoxy!
Reading of Hours – 9:30am
Divine Liturgy – 10:00am
Fellowship Coffee Hour to follow the Divine Liturgy
(CANCELLED UNTIL FURTHER NOTICE!!!)

Texts for the Liturgical Service

Troparion (Tone 7)

By Thy Cross Thou didst destroy death. / To the thief Thou didst open Paradise. / For the Myrrhbearers Thou didst change weeping into joy, / and Thou didst command Thy disciples, O Christ God, / to proclaim that Thou art risen, // granting the world great mercy.

Kontakion (Tone 6 – Lenten Triodion)

O Master, Teacher of wisdom, / Bestower of virtue, / Who teachest the thoughtless and protectest the poor, / strengthen and enlighten my heart! / O Word of the Father, / let me not restrain my mouth from crying to Thee: / Have mercy on me, a transgressor, // O merciful Lord!

Prokeimenon (Tone 8)

Pray and make your vows / before the Lord our God!
v. In Judah God is known; His Name is great in Israel.

Epistle Reading: Romans 13:11-14:4

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Alleluia (3x's) (Tone 6)

v. It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High. Alleluia (3x's)
v. To declare Thy mercy in the morning, and Thy truth by night. Alleluia (3x's)

Gospel Reading: Matthew 6:14-21

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Communion Hymn:

Praise the Lord from the heavens! Praise Him in the highest! Alleluia (3x's)

Prayer of St Ephraim the Syrian

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power and idle talk. But rather grant unto me the spirit of humility, chastity, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own sins and not to judge my brother; for Thou art blessed unto ages of ages. Amen.

Announcements

A Warm Welcome to all of our visitors & guests who worshiped with us today and who have joined us in celebrating the Divine Liturgy. Please join us in the church basement for our Fellowship and Coffee Hour.

Announcements

2021 Lenten Schedule (Beginning 2nd Week of Lent to Holy Saturday)

Please Note: This schedule is subject to change depending on schedule of the clergy or the community concerns from our civil authorities. Please listen to the announcements, check your emails, parish website, and parish Facebook page regularly for updated changes to this schedule. Thank You!

2nd Week of Lent

Wednesday, March 24, 2021 - Akathist - 6:00 PM

Thursday, March 25, 2020 - Vesperal Divine Liturgy for Annunciation of the Most Holy Theotokos - 10:00 AM

Saturday, March 27, 2021 - Baptism of Basil David Stafford 1:00 PM

Saturday, March 27, 2021 - Great Vespers - 4:00 PM

3rd Week of Lent

Wednesday, March 31, 2021 - Liturgy of the Presanctified Gifts - 6:00 PM

Friday, April 2, 2021 - Akathist - 6:00 PM

Saturday, April 3, 2021 - Memorial Saturday Divine Liturgy 10:00 AM

Saturday, April 3, 2021 - Great Vespers - 4:00 PM

4th Week of Lent

Wednesday, April 7, 2021 - Liturgy of the Presanctified Gifts - 6:00 PM

Saturday, April 10, 2021 - Memorial Saturday Divine Liturgy 10:00 AM

Saturday, April 10, 2021 - Great Vespers - 4:00 PM

5th Week of Lent

Wednesday, April 14, 2021 - Liturgy of the Presanctified Gifts - 6:00 PM

Friday, April 16, 2021 - Akathist - 6:00 PM

Saturday, April 17, 2021 - Great Vespers - 4:00 PM

6th Week of Lent

Wednesday, April 21, 2021 - Liturgy of the Presanctified Gifts - 6:00 PM

Friday, April 23, 2021 - Vespers of Lazarus Saturday - 6:00 PM

Saturday, April 11, 2020 - Lazarus Saturday - Divine Liturgy - 10:00AM

Saturday, April 11, 2020 - Great Vespers at 4:00 PM^(SEP) (after Vespers - Blessing of Pussywillows and Palms)

Holy Week

Monday, April 26, 2021 - Bridegroom Matins – TBD

Tuesday, April 27, 2021 - Bridegroom Matins – TBD

Wednesday, April 28, 2021 - Holy Unction TBD

Thursday, April 29, 2021 - Holy Thursday - Vesperal Divine Liturgy of St Basil – 9:00 AM

Thursday, April 29, 2021 - Holy Thursday - Friday Matins with Reading of the 12 Passion Gospels - 6:00PM

Friday, April 30, 2021 - Holy Friday - Vespers, Matins with Lamentations - 4:00 PM

Saturday, May 1, 2021 - Holy Saturday - Vespers with the Divine Liturgy of St Basil the Great (*with All 15 Readings*) - 9:00 AM

Announcements (cont.)

Candles and Prayers for the Faithful and Departed

Health for the Living:

David Albrecht Jr offered by Melanie Albrecht
Kavalkovich Family offered by David Pellack

May God Grant Them Many Blessed Years!

Memory for the Departed:

Irene Kavcsak offered by her daughter Nina Patterson
Irene Kavcsak offered by Melanie Albrecht

May Their Memories Be Eternal

Vigil Cross Candles – 3/7/21:

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Please remember in your prayers:

All of those who reside in the Southeastern portion of this country, especially in Texas, who have been inconvenienced with the inclement winter weather storms!

+ Protopresbyter Daniel Hubiak (Feb 5); Grace Corba; Protodeacon Joseph Edwards; The Gerty Family; Subdeacon Daniel Kavalkovich (recovery); Ronald Kavalkovich (continuous recovery); Jane Kelly (recovery); Sheba Patton (recovery); Fania Wanenchak; Father John Bohush (retired); and all those who are serving in our Armed Forces!

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Sidewalk Repair Donations (Week of March 7):

Announcements (cont.)

Please ensure that your Mobile Phone is set to Silent (or at least set on vibrate) during the Divine Liturgy! Thank You!!!

*******Special weekly collections taken after Gospel or Sermon*******

In addition to our general collection, the parish takes a special collection each week to fund certain parish projects. Please be generous with your offering. Every little bit counts. The special collections are as follows:

- First Sunday of every month – Kitchen Fund Project
- Second Sunday of every month – Youth Fund
- Third Sunday of every month - Restoration/Maintenance Fund
- Fourth Sunday of every month – Charity Giving

Note: if there is a Fifth Sunday during a month, the special collection is earmarked for the Kitchen Fund Project, unless otherwise noted and stated by the Parish Council.

Cash Flow Activity (February/March)

Week of Sun Feb 28 to Sat Mar 6

February Month (Unaudited)

Attendance:	No Services Held	25 (average)
<i>(COVID19 Pandemic Limitations on gathering of groups of no more than 50 people)</i>		
Funds In:	\$ 3,460.96	\$ 5,269.72
Funds Out:	\$ 3,820.92	\$21,349.58
Net Surplus/(Deficit):	(\$ 359.96)	(\$16,079.86)

Thank you all for your continuous offerings to maintain the parish!

Shop Rite Gift Cards: If you need to purchase Shop Rite Gift Cards, please see either David Pellack or Ken Kavalkovich to secure them. Your purchase of a Shop Rite Gift Card is an additional fundraising project that helps support the church at no additional expense to the purchaser.

Calendar of Events

- 1st Sunday of each month** – Monthly Panikhida immediately after Divine Liturgy.
- 2nd Tuesday of each month** – Bible Study at 6:30pm in church basement.
- 2nd Sunday of each month** – Property Committee Meeting after Divine Liturgy.
- 3rd Sunday of each month** – Currently no permanent event is scheduled.
- 4th Sunday of each month** – Currently no permanent event is scheduled.
- 5th Sunday of each quarter** – Quarterly Parish Council Meeting after Liturgy.

Readers Schedule:

	<u>Today (Mar 14)</u>	<u>Next Week (Mar 21)</u>
3 rd Hour :	David Albrecht	David Pellack
6 th Hour:	Anthony Colona	Simon Herbert
Epistle:	Matthew Andrews	John Spack

Fellowship Coffee Hour & Cleaning Teams:

As a result of new Covid restrictions set by City of Philadelphia officials on Monday, November 16 which went into effect on Friday, November 20, the formal coffee hour event held after Sunday Divine Liturgy has been suspended until further notice.

Once city officials ease restrictions relating to Covid, coffee hour will then resume.

When the coffee hour resumes (currently not until at least April 2021), a new coffee schedule with new team parishioners will be in the rotation as per the action taken during the Fall General Parish Meeting held back on Sunday, November 1.

Please continue to check our parish website, social media pages, and your emails regularly for updated information on the parish regarding parish services in March 2021.

Sunday, March 14 - Forgiveness Sunday Vespers immediately following the Divine Liturgy.
The parish traditionally serves this vespers right after the Divine Liturgy. Please plan to stay and attend this beautiful service and asking forgiveness from your fellow parishioners and from God! It is during this service (during the reading “Vouchsafe, O Lord”) that the Great Lenten Fast Begins!

2021 Lenten Service Schedule at our Parish (March 15 to March 21)

- Monday, March 15 – Saint Andrew of Crete service at 6PM (Mon & Tues service)
- Tuesday, March 16 – NO SERVICES AT THE PARISH
- Wednesday, March 17 – Saint Andrew of Crete service at 6PM (Wed & Thur service)
- Thursday, March 18 – NO SERVICES AT THE PARISH
- Friday, March 19 – Liturgy of Presanctified Gifts at 6PM
- Saturday, March 20 – Great Vespers at 4PM
- Sunday, March 21 – Divine Liturgy at 10AM (Hours Reading at 9:30AM)
- Sunday, March 21 – **There is no Mission Service Scheduled!!**

**MEMORIAL SATURDAY SERVICE
COMMEMORATION OF DEPARTED SOULS
SATURDAY, APRIL 3 & APRIL 10, 2021**

Dear Father Mark,

Kindly include the following names to be commemorated on Memorial Saturday:

- | | |
|----------|-----------|
| 1. _____ | 7. _____ |
| 2. _____ | 8. _____ |
| 3. _____ | 9. _____ |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |

Submitted by: _____

Please send your list to:

V. Rev. Mark W Koczak
ATTN: AHVOC Memorial Saturday
615 West 11th Street
New Castle, DE 19720-6020

* Ensure you mail list by **Monday, March 29** so Fr. Mark receives it in time.*

- OR -

You can drop the list off in the basket at the candle desk in the vestibule. Please ensure the list is left at the desk by the end of Presanctified Gifts Liturgy on **Friday night, April 2.**



Sunday of Cheesefare, Expulsion of Adam from Paradise [March 14th]

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit..."

Taking Lent Seriously: (an excerpt from Fr Steven Kostoff's column in Reflection in Christ from the oca.org website)...

"What can we do during Great Lent? How do we not squander this time that we should set aside for God?"

- **Prayer** - Make provision to be in church for some of the Lenten services. Start with the first week of Great Lent and the Canon of Repentance of Saint Andrew of Crete. Assume or resume a regular Rule of Prayer in your home. Read the psalms and other Scripture carefully and prayerfully. Pray for others.
- **Charity** - Open your heart to your neighbor. If you believe that Christ dwells within you, then try to see Christ in your neighbor. Make your presence for the "other" encouraging and supportive. Restrain your "ego" for the sake of your neighbor. Help someone in a concrete manner this Great Lent.
- **Fasting** - Set domestic goals about the manner in which you will observe the fast. Test yourselves. Resist minimalism. If you "break" the fast, do not get discouraged or "give up," but start over. Assume that your Orthodox neighbor is observing the fast. Seek silence. Allow for a different atmosphere in the home."